

## BIONANOCOMPOSITE FILM OF KAPPA-CARRAGEENAN / NANOTUBE CLAY: GROWTH OF HYDROXYL APATITE AND MODEL DRUG RELEASE

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This paper reports for the first time the reinforcement of kappa-carrageenan ( $\kappa$ CRG) with clay of halloysite nanotubes (HNT) as potential biomedical materials. The bionanocomposite films ( $\kappa$ CRG/HNT) were successfully prepared having optimum tensile properties at 3 wt% of HNT. Morphological and surface analysis of the nanocomposite revealed excellent film formation and increased in surface roughness. Immersion of the film in simulated body fluid for 7 days resulted in the growth of hydroxyl apatite particles with Ca/P ratio of 1.68. This is a good indication of bioactivity for possible template in bone tissue engineering. Swelling and methylene blue release experiments indicated possible drug delivery applications due to the stability of the  $\kappa$ CRG matrix up to more than 20 days and delayed release of the model drug, respectively. This bioresource nanocomposite film has potential as a suitable biomedical material that requires mechanical integrity, bioactivity and drug releasing.

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### 1. Introduction

Carrageenans (CRGs) are polysaccharides derived from red seaweeds that are well known in the food industry. They are highly soluble in water and very popular gelling agents [1]. Research on CRG hydrogels in biomedical and pharmaceuticals are still ongoing [2], mainly to create a more sustained drug release system through oral administration [3-5] and the production of semi-synthetic antibiotic [6-8]. Kappa-carrageenan ( $\kappa$ CRG) is one of the sub-types of CRGs that contained one unit in sulphate group, thus making it an easy film forming substance [9, 10]. Even though  $\kappa$ CRG films have been extensively explored particularly in food packaging applications [11-13], recent studies have shown that  $\kappa$ CRG films exhibit potentials to be formulated as dressings for drug delivery to wounds [14] and possible enhanced bioactivity for bone tissue engineering [15]. Moreover the resemblance of  $\kappa$ CRG chemical structure to glycosaminoglycans that compose the extracellular matrix of mammalian tissue opens up many possible functions as biomedical materials [16-17].

Therefore there is a need to explore even further the potential use of  $\kappa$ CRG based films in these fields. The advantages of  $\kappa$ CRG compared to synthetic polymers are due to their renewability and sustainability. Even so, their applications tend to be limited by their relative inherently low mechanical properties [18, 19]. Reinforcing the  $\kappa$ CRG films with nanomaterials can be one of the strategies to solve this issue. Though several reinforcing agents have been added into  $\kappa$ CRG film such as layered clays [20], carbon nanotubes (CNTs) [21], nanocellulose [11], nanosized silica [22] and gold nanoparticles [23], their methods were cumbersome and were not

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directed toward biomedical applications. Thus a more cost effective, biofriendly and biocompatible reinforcing filler is needed.

Halloysite nanotubes (HNT) are natural-occurring tubular clay material with many interesting characteristics. Their tubular structure and high surface area are comparable to that of CNTs. HNTs are at an advantage because they are nontoxic, biocompatible, cheaper and easier to disperse in polymeric matrix [24]. Reinforcing polymers with HNT have shown significant mechanical improvement [25]. Besides being used as reinforcing filler, lumen of HNT provide excellent site for the loading and release of active agents. Due to their unique inner and outer surface features, HNT have been investigated in drug delivery applications [26,27]. In-vitro bioactivity immersion in simulated body fluid (SBF) is a useful method because its composition is very close to that human blood plasma. Biomimetic immersion in SBF can be considered a moderate way to grow an apatite layer on a substrate. Recent report has shown that HNT promote the growth of hydroxyl apatite (HA) particle of the matrix composite after immersion in SBF [28].

Up to date, reinforcing  $\kappa$ CRG film with nanotubes clay is an unexplored strategy. To the best of our knowledge this is the first attempt of such modifications. Hence it is envisioned that the  $\kappa$ CRG/HNT nanocomposite films could be mechanically reinforced and at the same time showing enhanced HA forming ability and delay drug releasing properties. Thus the aim of this study is to develop nanocomposite films of  $\kappa$ CRG/HNT with enhanced mechanical properties which have potentials to be used in biomedical applications. We examined the tensile properties, morphological and structural features of the nanocomposite films. Potential uses of the films as hydroxyl apatite growth template and drug delivery material were investigated as well.

## **2. Experimental**

### **2.1. Preparation of Nanocomposite Films**

Nanocomposite films of  $\kappa$ CRG/HNT were prepared according to the following procedures. 2 grams of  $\kappa$ CRG (Sigma) was dissolved in 250 ml of deionized water for about an hour. In the meantime a predetermined amount of HNT powder (Sigma) was suspended in deionized water followed by vigorous stirring. Both solutions were mixed by transferring the  $\kappa$ CRG solution into the HNT containing suspension. 40 w/w% of glycerol (Merck) to  $\kappa$ CRG was added with continued stirring for 2 hours. The temperature was elevated to 65°C for 10 minutes. The mixed solution was then cooled down to 45°C and was transferred into a mould and further dried at 45°C. Following above procedure,  $\kappa$ CRG/HNT nanocomposites with required filler loading (1, 2, 3, and 4 w/w% to CRG content) were prepared. As for the model drug for the release experiments, methylene blue (MB) solution was added into the suspended HNT solution before the mixing with  $\kappa$ CRG solution. Neat  $\kappa$ CRG films were prepared for comparison purposes.

### **2.2. Characterizations**

The tensile tests were performed using a computer controlled Instron machine (USA) with crosshead speed of 1 mm/min at a standard laboratory atmosphere of 23 °C according to ASTM D638. Thickness of the specimens was measured using an electronic dial gauge. The experiment was conducted in five replicates. Fourier transform infrared (FTIR) spectra were obtained using a spectrometer, Nicolet iS5 (USA), connected to an iD5 accessory with a resolution of 4 cm<sup>-1</sup> averaging 16 scans.

Scanning electron microscope (SEM) images were obtained using Leo Supra 50VP (Germany) equipped with energy dispersive X-ray system. Samples were sputter coated with gold before observation. Transmission electron microscopy (TEM) micrographs were obtained using a Hitachi, H7100 instrument (Japan). Atomic force microscope (AFM) images were captured using Hitachi, AFM5100N (Japan) with scan size of 1 micron at frequency of 0.46 Hz. Preliminary bioactivity of the sample was studied by immersion in SBF solution. Detail preparation of the solution has been reported elsewhere [29]. Sample was immersed in 10 mL of the prepared SBF solution for 7 days to evaluate the growth of hydroxyl apatite (HA). The collected samples were dried and tested for SEM and FTIR.

As for the swelling studies, initial mass of prepared films were weighted. Samples were then immersed in 30 mL of distilled water. Mass of the samples were recorded at predetermined time interval. Swollen films were freed of surface water using filter paper to remove excess water and then weighed. The swelling (%) was calculated using  $(W_f - W_i)/W_i \times 100$  in which  $W_f$  represent the weight of swollen sample at predetermined time and  $W_i$  is the initial weight of the film.

The model drug release experiments were performed at 37°C in thermostatic orbital shaker (120 rpm). Samples were introduced into 50 mL of phosphate buffer saline (PBS). After predetermined interval, 1 mL of the release medium was collected and another 1 mL of fresh PBS was replaced back into the solution. The release medium was tested using Shimadzu UV-visible spectrometer (Japan) at wavelength of 663 nm to determine the amount of MB released in real time. The percentage of cumulative released was calculated using Eq. 1, in which  $m_t$  is the cumulative amount of MB released at time  $t$  and  $m_0$  is the total amount of loaded MB.

$$\text{Cumulative release \%} = \frac{m_t}{m_0} \times 100 \quad (1)$$

### 3. Results and Discussion

#### 3.1. Tensile Properties

Tensile properties of the  $\kappa$ CRG and its nanocomposite films are shown in Fig. 1. Inclusion of mere 1 wt% of HNT to the  $\kappa$ CRG film revealed an increased up to nearly 18 and 14 % of the strength and modulus, respectively. It was shown by earlier studies that the addition of non-reinforcing component such as essential oils and fruit extracts reduced the mechanical properties of the CRG film due to the weakening of the network structure [10]. In the present work however, HNT provide reinforcing effects to the  $\kappa$ CRG. Higher modulus was attributed to increase in stiffness of the nanocomposite film following the addition of the HNT fillers. The optimum strength and modulus were achieved for nanocomposite films of  $\kappa$ CRG/3HNT. This is contributed by the good interaction between the nanotubes with the crosslink structure of the CRG that leads to effective load transfer. High surface area to volume ratios of the HNT resulted in the increased in surface interactions with the  $\kappa$ CRG. In comparison with other reported non-tubular clay inclusions to  $\kappa$ CRG [12], HNT required lesser loading to achieve its optimum mechanical properties plus with higher strength and modulus values. Furthermore as compared to other 2D nano clays such as montmorillonite, HNT have low surface charges [30]. Thus there will be no intercalation or exfoliation needed to achieve a good dispersion of the nanoclays. The mechanical properties however decreased significantly for samples of  $\kappa$ CRG/4HNT. Increasing the HNT content beyond the optimum level had a negative impact on the nanocomposite film. High presence of HNT might disrupt the  $\kappa$ CRG crosslink network during gelling. However the strength and modulus of the nanocomposites were still higher than that of the neat  $\kappa$ CRG film. This shows that the HNT acted as good reinforcing filler for the  $\kappa$ CRG. Elongation at break of the  $\kappa$ CRG film was not significantly lowered with the incorporation of HNT at all loading amount, expressing the percentage elongation of the nanocomposite film at fracture was slightly reduced due to increase in rigidity.

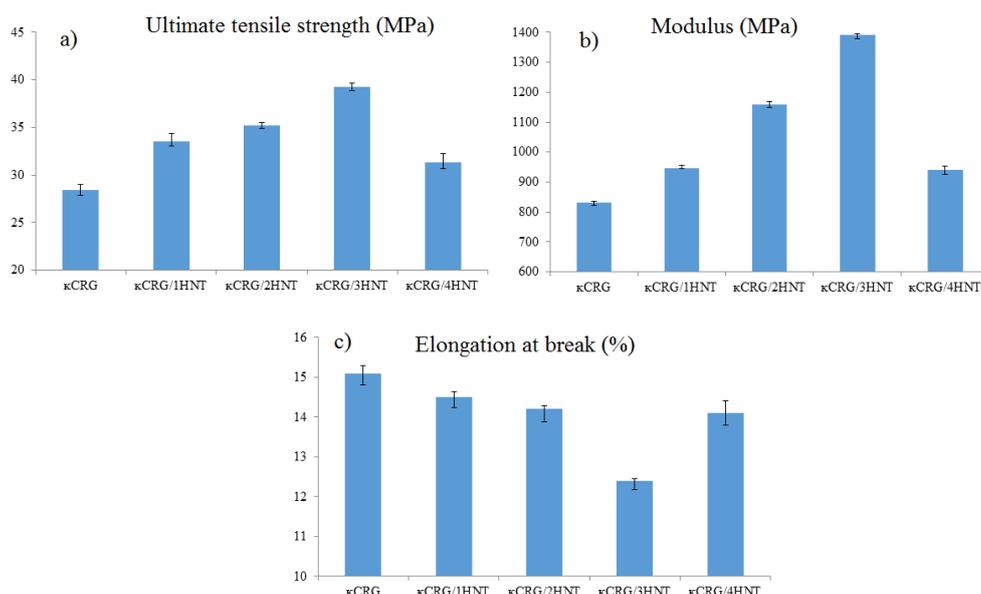


Fig. 1: Tensile properties of  $\kappa$ CRG and its nanocomposites: a) strength b) modulus c) elongation at break

### 3.2. FTIR Spectroscopy

Figure 2a depicts the typical FTIR spectra of neat  $\kappa$ CRG film. The peak at  $3345\text{ cm}^{-1}$  can be assigned to the stretching vibration of OH groups, C-H stretching of the  $\text{CH}_2$  and  $\text{CH}_3$  groups at  $2850\text{--}2950\text{ cm}^{-1}$ , C=O stretching at  $1643\text{ cm}^{-1}$ , O=S=O stretching at  $1224\text{ cm}^{-1}$ , C-O-C stretching at  $1158\text{ cm}^{-1}$ , C-O stretching at  $1028\text{ cm}^{-1}$ , C-O stretching of the anhydrogalactose at  $922\text{ cm}^{-1}$  and C-O-S stretching of the galactose-4-sulfate at  $844\text{ cm}^{-1}$  [31]. On the other hand, the incorporation of HNT induced several changes to the vibrational peaks of the  $\kappa$ CRG film (Figure 2b). Surface of HNTs composed of siloxane and with hydroxyl groups of silanol, while the inner lumen consists of aluminols. A small peak at  $3690\text{ cm}^{-1}$  can be noticeable which represent stretching band of the outer surface of the silanol (Si-OH) of HNT [32]. The absence of any stretching of the hydroxyl groups of aluminol (Al-OH) signifies that the structure of the HNT is still intact in its tubular form while being incorporated within the  $\kappa$ CRG. The most significant changes is the disappearance of the C-O-C stretching ( $1158\text{ cm}^{-1}$ ) and the reduction of the C-O-S stretching ( $844\text{ cm}^{-1}$ ) peaks. These can be attributed to the interaction between the  $\kappa$ CRG and the HNT components. Shifting of the C-O peaks of anhydrogalactose from  $922$  to  $910\text{ cm}^{-1}$  confirms that the OH groups of  $\kappa$ CRG could take part in the hydrogen bond formation with that group of HNT. In addition, the alumina and silica groups at the HNTs crystal edges facilitate the formation of H bonding between  $\kappa$ CRG and HNT. Schematic of the interactions are shown in the insert of Figure 2 (interaction that of glycerol was not shown).

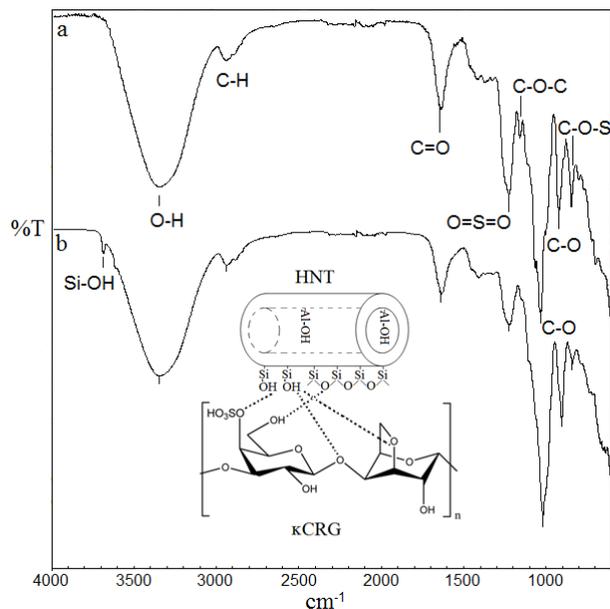


Fig. 2: FTIR spectra of a) neat  $\kappa$ CRG and b)  $\kappa$ CRG/3HNT

### 3.3. Morphological and Surface Analysis

Fig. 3a displays the SEM image of the HNT powder. Clear fibrous morphology can be observed. TEM observation of the individual HNT (Figure 3b) revealed the tube-like structure with inner diameter of 21-30 nm and outer diameter of 55-60 nm. Surface of the neat  $\kappa$ CRG (Figure 3c) was smooth with good film formation. The 3 wt% of HNT on the other hand induced new surface features to the  $\kappa$ CRG. Relatively rough surface can be seen which represent the imbedded HNTs near the film surface. Fine dispersion of the HNTs provides good bonding with the  $\kappa$ CRG matrix. No surface cracks or voids were observed. This indicates that the  $\kappa$ CRG/3HNT nanocomposite film is intact thus corroborates the mechanical findings of the tensile test. Such uniform HNT morphology would not only increased the mechanical properties but will also provide favorable conditions if the nanocomposite being applied for drug delivery applications. Furthermore the AFM images of  $\kappa$ CRG/3HNT (Figure 4b) depict significant changes compared to that of neat  $\kappa$ CRG (Fig. 4a). Their average roughness ( $R_a$ ) and root mean square roughness ( $R_q$ ) were recorded to be 5.719 and 6.500 nm, respectively. The neat  $\kappa$ CRG on the other hand recorded relatively smooth surface with  $R_a$  and  $R_q$  of 2.111 and 2.491 nm, respectively. The increased of roughness for the nanocomposite film is due to the nanosized clay that induced changes to the surface of the  $\kappa$ CRG as observed in accordance to SEM micrograph.

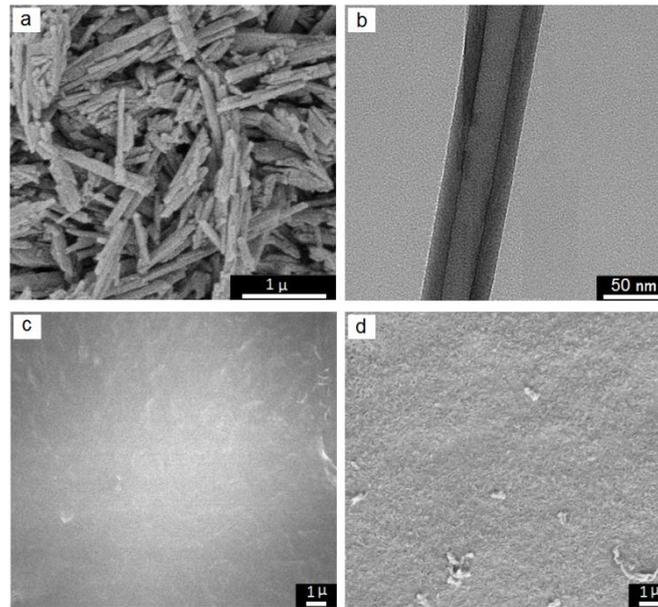


Fig. 3: Electron micrographs of a) HNT powder b) individual HNT c) κCRG d) κCRG/3HNT

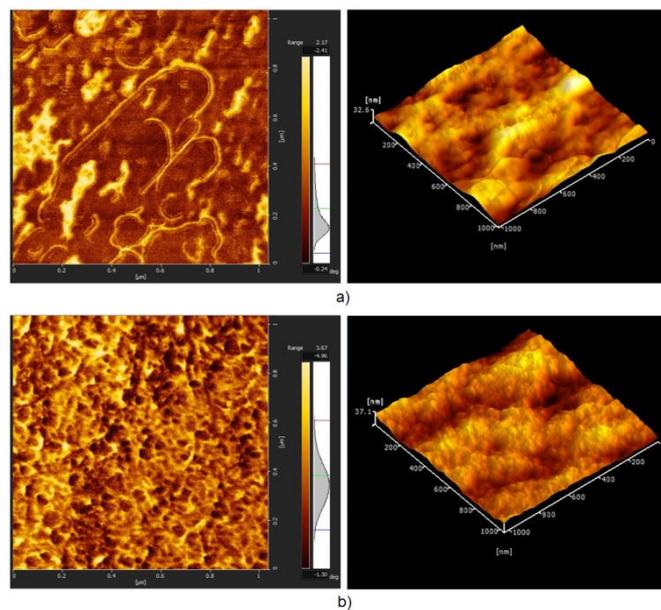


Fig. 4: AFM images of a) κCRG b) κCRG/3HNT

### 3.4. Growth of Hydroxyl Apatite

The growth of HA by immersion in SBF is a great way to evaluate the bioactivity of the film because the solution composition is very close to that of human blood plasma [33]. SEM images of the κCRG and κCRG/3HNT samples immersed in solution mimicking body fluid for 7 days are shown in Figure 5. Figure 5a revealed small particles that might be that of HA particles formed on the surface of unfilled CRG. It was reported earlier that the hydrophilic sulfonic groups of CRG are exposed on the outside part of the double helix and the hydrophobic domains are exposed on the inside while in physiologic environments [34]. FTIR spectra of the soaked neat κCRG (Figure 6a) indicated that the peaks related to κCRG are still dominant and pronounced. Only the out-of-plane stretching mode of carbonate ions peaks were observed at  $1425$  and  $882\text{ cm}^{-1}$ . This signifies that the surface is still being dominated by the κCRG. It was shown earlier that though crosslink CRG is highly hydrophilic that favors biological compatibility, however the

apatite forming ability of the CRG can be improved by adding other HA enhancing fillers [15]. The nanocomposite film of  $\kappa$ CRG/3HNT (Figure 5b) clearly displayed that the surface is being covered by apatite layers. A higher magnification of the surface reveals that the HA coating consisted of porous microstructure formations that were quite similar to those of HA on bioactive glass [35]. The resulting FTIR spectra (Fig. 6b) indicated the stretching mode of phosphate ions at 1050, 603 and 574  $\text{cm}^{-1}$  and the peaks of carbonate ions that were observed for the  $\kappa$ CRG sample. Reduction of the  $\kappa$ CRG related vibrations and the significant peaks of HA might suggest that the sample is being deposited by homogeneous layers of HA. EDX spectra (Figure 5d) of the soaked CRG/3HNT further corroborates that the observed deposit forms on the film might be of apatite. The Ca/P ratio of the sample was 1.68, a close value to that of adult human bone [36]. The detection of Si suggests that the HNT particles might take a role in the nucleation of HA during the biomimetic process. The presence of silanol groups of HNT induces energetically favorable sites for the Ca to bind onto to form and grow HA nuclei. Furthermore swelling of the CRG film provides such preferable HNT chelating action with the Ca ions. Thus it can be proposed that the swelled  $\kappa$ CRG provide the surface functional groups (sulfonic) that induce HA nucleation while the high surface area of HNT (silanol) provide the increase in HA local supersaturation. Schematic of the interactions are depicted in the insert of Figure 6. Though it was shown that other bioactive fillers in CRG such as CaCl [37] and CaCO<sub>3</sub> [15] promotes the HA nucleation, mechanical strength of the CRGs are low and longer incubation time needed to form continuous HA layer.

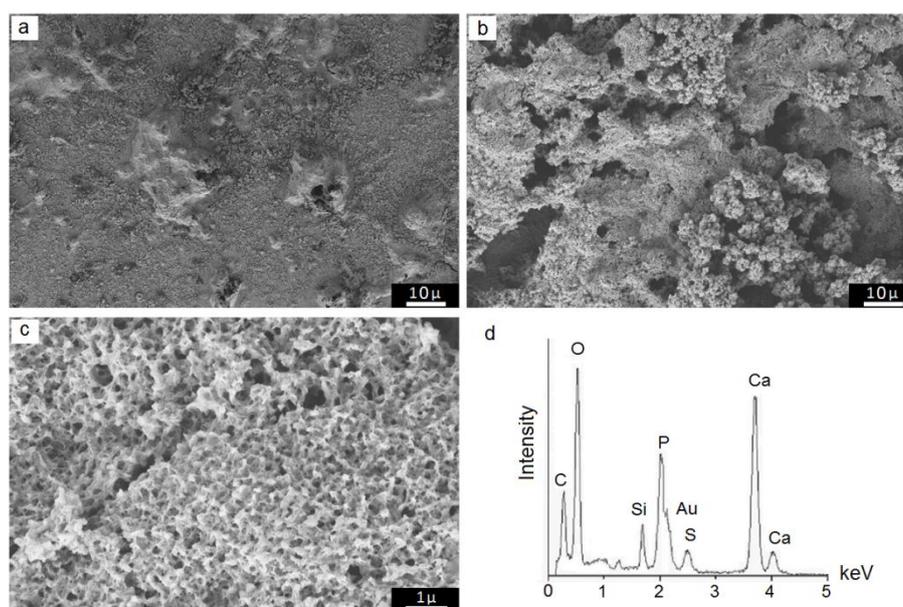


Fig. 5: SEM images of a)  $\kappa$ CRG b-c)  $\kappa$ CRG/3HNT and d) EDX spectra of  $\kappa$ CRG/3HNT after being soaked in SBF for 7 days

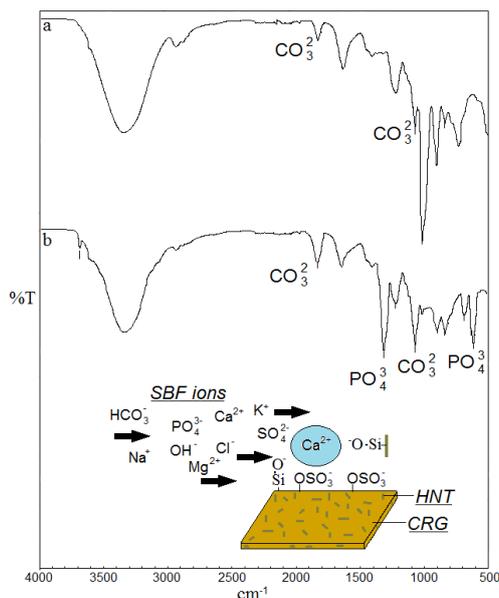


Fig. 6: FTIR spectra of a)  $\kappa$ CRG b)  $\kappa$ CRG/3HNT after being soaked in SBF for 7 days.

### 3.5. Swelling and Model Drug Release

The swelling of the nanocomposite films provide useful information in drug delivery systems since the hydrogel films exhibit considerable segmental motion that increases the distance between polymer chains. As can be seen in Figure 7a, the neat  $\kappa$ CRG swell and rapidly disintegrate after 15 min. The  $\kappa$ CRG/3HNT revealed an increased in swelling compared to that of neat  $\kappa$ CRG but with much longer disintegration time (>20 min).

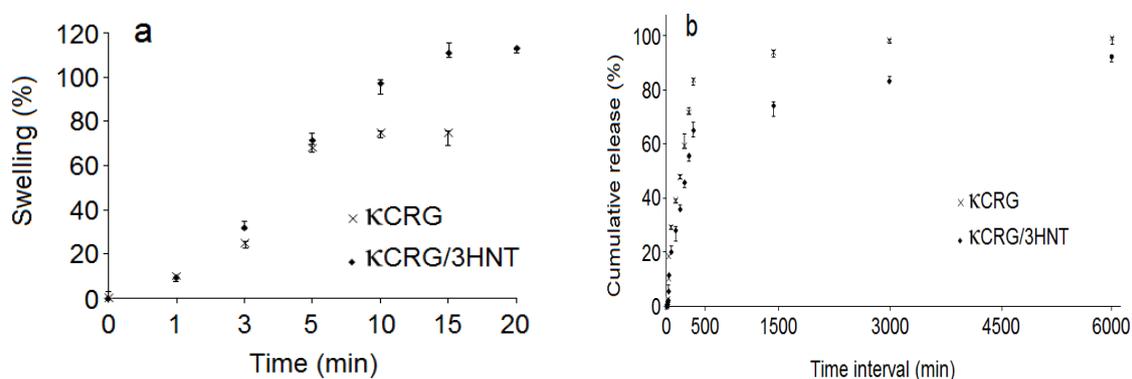


Fig. 7: Swelling and model release of  $\kappa$ CRG and  $\kappa$ CRG/3HNT.

This behaviour indicates that a more stable structure was obtained by the incorporation of HNTs. On the other hand the increased in swelling is a consequences of the hydrophilicity of the nanotubes that promotes water penetration to the polysaccharide that modifies the chains mobility. The MB release profile of both neat film and nanocomposite film (Figure 7b) revealed initial burst release phenomena [38] and become stable thereafter. The  $\kappa$ CRG/3HNT film exhibits delayed release at all time intervals. The incorporation of HNTs seems to slow down the release of MB molecules most probably due to the twisting or distortion of the  $\kappa$ CRG matrix. Increased in swelling and delay of MB release profile of the  $\kappa$ CRG/3HNT might be due to the effects of HNT that provide hydrophilicity to the matrix and at the same time act as barriers for the release. Swelling and release features of the  $\kappa$ CRG/3HNT nanocomposite film could lead to diffusion controlled mechanism for drug delivery.

#### 4. Conclusion

Incorporation of HNT has successfully improved the mechanical, bioactivity and model drug release properties of the  $\kappa$ CRG film. The  $\kappa$ CRG/3HNT nanocomposite film has the advantages being mechanically reliable for topical drug delivery such as wound healing and favorable bioactivity to support bone tissue regeneration. In addition, cost effective approach utilizing natural resources based on clays and polysaccharide might open up new frontiers in biomedical materials. Nonetheless further investigation is needed to exploit the inner cavities of the HNTs for loading of drug moieties.

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